



3. If all above-listed resources are unavailable, but the University is open (business hours) **faculty and staff** can contact the University of Toronto **Crisis Response Team** at (416) 946-7111. This is an internal U of T resource, and this number **should not** be shared with students.
4. If you are in communication with students outside of business hours or when the University is closed, you may wish to refer students to the following resources:
  - a. The nearest Hospital Emergency Room / Urgent Care Centre. For a list, please visit: <http://www.studentlife.utoronto.ca/hwc/emergencies>
  - b. Good2Talk: <http://www.good2talk.ca/> (1-866-925-5454)

Good2Talk is a free, confidential, and anonymous helpline providing professional counselling, information, and referrals for mental health, addictions, and well-being to post-secondary students in Ontario - 24/7/365.
  - c. My SSP (1-844-451-9700 or download the My SSP App) 24-hour, 365 free, confidential support for international students is available for any school, health, or general life concern, in 35 languages.
  - d. The [Gerstein Centre](#) offers crisis intervention to adults living in the City of Toronto who experience mental health problems. Services include telephone support, community visits, and a short-stay residence. All services are free of charge and can be accessed through the **Crisis Line at 416-929-5200**, 24 hours a day, 7 days a week.
  - e. **Campus Police / Community Safety** at 416-978-2222 are available 24/7 and have specific training and resources. You can refer students directly, or consult /report your concerns about a student.

## Students at Risk

or who seem to be in distress, but who are not seeking help to mitigate or manage the factors that may be contributing to their at-risk status. Indeed, such students may not seem to be aware that they might benefit from help.

merits intervention. There are three Coordinators at Student Progress & Support (416-946-